

ROLLIN' THE RAPIDS

Bicycle Race

Sunday, January 18, 2009

Start Time 12:00 noon

Registration from 11:00 a.m. to 2:00 p.m.

At

GOLD POINTE FITNESS CLUB

80 Twixt Town Road, N.E.

Cedar Rapids, Iowa

(Behind the Best Western Longbranch Hotel & Convention Center)

check out their web site
www.goldpointefitnessclub.com

Prize List: \$260

Class/Category	1 st	2 nd	3 rd
Senior 1,2,3	\$30	\$20	\$15
Senior 4	\$30	\$20	\$15
Women	\$30	\$20	\$15
Master 40+	\$30	\$20	\$15
Junior 15-	Awards		
Junior 16-18	Awards		
Senior 5 / Citizens	Awards		
Tandem	Awards		

Entry Fee: \$15 (includes \$3 USCF Ins. & \$1 IBRA Fee.) Juniors pay only \$4
USCF license required.
A one day license may be purchased for \$10 the day of the race.

Rules: All riders will ride on the Kreitler Headwind Roller system for 2 miles
competing for the fasted elapsed time in their category.
Riders will ride in the approximate order of registration.
All USCF rules apply and **Helmets are Required.**

Promoted by: Hawkeye Bicycle Assoc.
Cedar Rapids, Iowa

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Held under USA Cycling Permit